

For more information or to register call Wendy **0409 800 821** or Kerry **0499 782 585**

Facebook: <https://www.facebook.com/CCSaCCs/>

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## Term 1-2025 Dolphin Cottage

### Providing free groups for the community

#### Tears and Cheers (6th February)

##### **THURSDAY 9am till 11am Dolphin Cottage Blue Haven**

Parents after you've said your farewells to your Kinder child please join us at Dolphin Cottage for a cuppa and a chat. We have tissues and a listening ear, or we can cheer together, the beginning of a new chapter in your parenting journey.

**For more information please phone Kerry 0499 782 585**

#### Supported Playgroup

##### **MONDAY 9.30am – 11.30am Dolphin Cottage Blue Haven**

Families with children 0 -6 years please join us for fun activities, songs and stories and find out more about children's learning and development through play, meet other parents from the local area as well as learning about local services that support families in the early years.

**Bookings essential – Please phone Uniting on 1800 067 967**

#### Kids Try Sport (10th Feb - 31st March)

##### **MONDAY 1pm to 2pm Dolphin Cottage Blue Haven**

Dads, Mums and children please join us to try out different mini sports each week. This interactive group will introduce you and your child to the development of movement and coordination, along with tons of fun.

**Bookings essential – Please phone Kerry 0499 782 585**

### Blue Haven Schools as Community Centre

#### Blue Haven Community Centre, Colorado Drive

#### 'Playing Around the World' Playgroup

##### **TUESDAY 9.30am - 11.30am Dolphin Cottage Blue Haven**

Families from Culturally and Linguistically Diverse backgrounds with children from birth to 6 years can join us for children's learning and development through play and lots of fun activities from cultures around the world and meet other parents and children.

**Bookings essential - Mosaic Multicultural Connections 4334 3877**

#### 'Talkers' / Playstrong Playgroup (11th Feb - 1st April)

##### **TUESDAY 12.30pm till 2.30pm Dolphin Cottage Blue Haven (8 weeks)**

A fun interactive speech and language playgroup for children from birth to 6 years. Early Childhood Educators offer families activities from the curriculum-based Playgroup NSW PEEP program. A Speech Pathologist to assist you with your child's speech, sounds and communication development.

**Bookings essential – Kerry 0499 782 585 or Kylie 4393 6767**

#### My Time {for parents with a child with a disability}

(12th Feb -2nd April)

##### **WEDNESDAY 9.30AM-11AM Dolphin Cottage Blue Haven**

You're welcome to attend a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

**Bookings essential - Please phone 4305 6200 or 0435 319 184**

#### Envisage Parenting Program (6th Mar - 3rd Apr)

##### **THURSDAY 10.00 AM - 12 PM**

ENVISAGE is a 5 week peer program designed for parents & caregivers raising children aged 0-8 with a disability, developmental concerns, or who are neurodiverse. Limited Childcare.

**Bookings essential - Kerry 0499 782 585**

For more information or to register call Wendy **0409 800 821** or Kerry **0499 782 585**

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## Term 1 – 2025 Jabiru Cottage

### Providing free groups for the community

#### Tears and Cheers (6th February)

**THURSDAY 9am till 11am Dolphin Cottage Blue Haven**

Parents after you've said your farewells to your Kinder child please join us at Dolphin Cottage for a cuppa and a chat. We have tissues and a listening ear, or we can cheer together, the beginning of a new chapter in your parenting journey.

**For more information please phone Wendy 0409 800 821**

#### Baby Messy Play (10th Feb - 24th March) Birth to crawling

**MONDAY 9.30am – 10.30am Jabiru Cottage Northlakes (7 weeks)**

Sensory or messy play encourages babies healthy development and bonding with you. Join our early childhood educators with your infant (Baby session) or toddler (Toddler session) and be ready to have fun with your little one, get messy, learn about child development and meet other parents from your area.

**Booking essential – Please phone Wendy 0409 800 821**

#### Toddler Messy (10th Feb -24th March) Toddler to 5yrs

**MONDAY 10.30am – 11.30am Jabiru Cottage Northlakes (7 weeks)**

Sensory or messy play encourages toddlers healthy development and bonding with you. Join our early childhood educators with your infant (Baby session) or toddler (Toddler session) and be ready to have fun with your little one, get messy, learn about child development and meet other parents from your area.

**Booking essential – Please phone Wendy 0409 800 821**

### Northlakes Schools as Community Centre

**Northlakes Public School Goorama Ave, San Remo**

#### PlayStrong Playgroup (11th Feb- 1st April)

**TUESDAY 9.30am – 11.30am Jabiru Cottage Northlakes (8 weeks)**

A fun interactive playgroup for children from birth to 6 years. Fully qualified Early Childhood Educators offer families activities from the curriculum-based Playgroup NSW PEEP program. Meet other parents from your local area and learn about services that support families in the early years. Please remember to bring morning tea for you and your child and we'll make you a cuppa.

**Booking essential – Please phone Wendy 0409 800 821**

#### Baby Massage (4th March - 1st April)

**TUESDAY 12.30pm – 1.30pm Jabiru Cottage Northlakes (5 wks)**

These relaxed sessions delivered to you by Jeniene, a Certified Infant Massage Instructor and These Early Childhood Educator creates a special time together with your baby (birth to crawling) whilst you learn massage techniques to help calm your little one.

**Booking essential phone Wendy 0409 800 821**

#### Supported Playgroup

**THURSDAY 9.30am—11.30am Jabiru Cottage Northlakes**

Families with children 0 -6 years please join us for fun activities, songs and stories and find out more about children's learning and development through play, meet other parents from the local area as well as learn about local services that support families in the early years.

**Booking essential - Please phone Uniting on 1800 067 967**

**Please turn over for Blue Haven** □